input {

display: none

}

.on,.off {

position: absolute;

text-align: center;

text-shadow: inset 1px 1px 1px black;

width: 100%;

}

.on {

color: #fff;

top: 10px;

transition: all 0.1s;

font-family: sans-serif

}

.off {

color: #636161;

bottom: 5px;

transition: all 0.1s;

transform: scaleY(0.85);

}

.but {

background-color: #000;

border-radius: 400px 400px 400px 400px / 400px 400px 300px 300px;

border-bottom-width: 0px;

box-shadow: inset 8px 6px 5px -7px rgba(0,0,0,1)

,inset -8px 6px 5px -7px rgba(0,0,0,1)

,inset 0 -3px 2px -2px rgba(200,200,200,.5)

,0 3px 3px -2px rgba(0,0,0,1)

,inset 0 -230px 60px -200px rgba(255,255,255,.2)

,inset 0 220px 40px -200px rgba(0,0,0,.3);

display: block;

font-size: 17px;

height: 60px;

position: relative;

transition: all 0.2s;

width: 40px;

}

.back {

background-color: #000;

background-image: -webkit-linear-gradient(0deg, transparent 30%, transparent 65%)

,-webkit-linear-gradient(0deg, rgba(245, 245, 245, 0) 30%, rgba(150,150,150,.1) 50%, rgba(150,150,150,0) 70%);

border-radius: 115px;

box-sizing: border-box;

height: 85px;

padding: 4px 4px;

transition: all 0.2s;

width: 50px;

}

input:checked + .back .on,input:checked + .back .off {

text-shadow: inset 1px 1px 1px black;

}

input:checked + .back .on {

color: rgb(141, 141, 141);

top: 10px;

transform: scaleY(0.85);

}

input:checked + .back .off {

color: #fff;

bottom: 5px;

transform: scaleY(1);

}

input:checked + .back .but {

background: #232323;

background-image: -webkit-radial-gradient(55% 18%,circle closest-corner,rgba(0,0,0,.3) ,rgba(0,0,0,0));

border-radius: 410px 410px 410px 410px / 310px 310px 410px 410px;

box-shadow: inset 8px -4px 5px -7px rgba(0,0,0,1)

,inset -8px -4px 5px -7px rgba(0,0,0,1)

, 0 -3px 8px -4px rgba(250,250,250,.4)

,inset 0 3px 4px -2px rgba(10,10,10,1)

,inset 0 280px 40px -200px rgba(0,0,0,.2)

,inset 0 -200px 40px -200px rgba(180,180,180,.2);

margin-top: 20px;

}

input:checked + .back {

background-image: -webkit-linear-gradient(90deg, black 30%, transparent 65%)

,-webkit-linear-gradient(180deg, rgba(250,250,250,0) 0%, rgba(250,250,250,.4) 50%, rgba(150,150,150,0) 100%);

box-shadow: 28px 28px 28px -28px rgba(0,0,0,.1)

,-28px 28px 28px -22px rgba(0,0,0,.1)

,0 30px 30px 0px rgba(0,0,0,.2)

,inset 0 1px 2px 0 rgba(0,0,0,.6);

padding: 2px 4px;

}

.l,.r {

margin: 0 auto;

text-align: center;

}

.round,#onoff,.back,.but,.on,.off {

user-select: none;

}

<label class="switch">

<div class="round"><input name="onoff" id="onoff" type="checkbox">

<div class="back"><label for="onoff" class="but"><span class="on">0</span><span class="off">I</span></label></div>

</div>

</label>